

It may well be that you've not taken a medicine in the form of granules before.

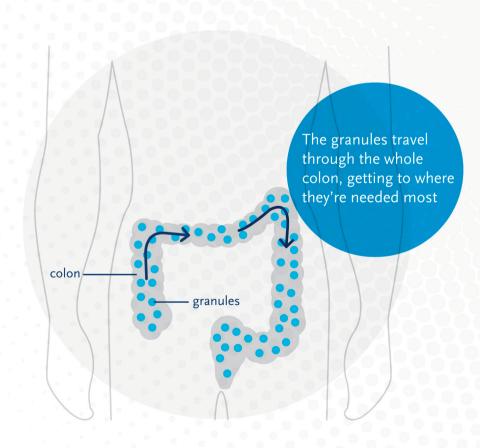
So why did your doctor choose Salofalk Granules for you rather than regular mesalazine tablets?



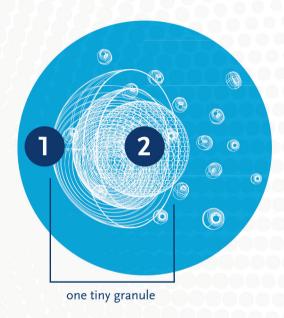
# In ulcerative colitis, let's call it UC for short, inflammation can occur anywhere in your colon

For the active medicine (mesalazine) to work, it needs to reach the site of the problem and make contact with your inflamed colon.

Which, as it turns out, is not always that simple in UC.



#### How Salofalk Granules work



## 1 Controlled release

Salofalk Granules have a special coating to help ensure the drug starts being released in the right part of your colon.

# 2 Extended release

They also have a smart core structure that allows them to carry on working as they journey right through to the end of your colon.

There are over 3,500 granules in a 3g sachet, with a total surface area of 16,000mm<sup>2</sup>.

That's a massive area packed into a small sachet, which is way more than tablets can provide.

#### Why?

Simply because the bigger the surface area, the easier it is for the medicine to come into contact with inflamed areas of the colon.

# Salofalk Granules are as easy as open, pour and swallow



Open
one sachet of your
Salofalk Granules



Pour the granules directly onto your tongue (don't worry, they have a nice vanilla flavour)



**Swallow** the granules with a glass of water or juice, without chewing

Please don't chew or crush the granules, and don't dissolve them in water – if you do, then they won't be able to do their clever release thing. You can take your granules at any time, with or without food.

You only need to take Salofalk Granules once a day, unlike some other oral mesalazine treatments.

Once-daily dosing means less hassle for you, and it's just as effective as three doses.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard for the UK residents and via http://www.hpra.ie/homepage/about-us/report-an-issue for the residents of the Republic of Ireland. By reporting side effects you can help provide more information on the safety of medicines.

### Living with UC can be stressful

But it is all too easy to forget to take your medicines when you have no active symptoms.

Missing doses makes it much more likely your UC will flare up again.

So make taking your treatment easy by making Salofalk Granules a part of your regular morning routine.



To help you stay on track, download our handy you-track app – you can set reminders to take your treatment and it makes it really simple to record and monitor your symptoms.



Search for 'you-track' in the Apple App Store or Google Play store.

When asked to sign in, please enter drfalk as your password.